

The Biblical Truth About Sunday-Keeping

Sunday, the first day of the week, is purported to be the Christian day of worship. It is commonly taught and believed that Jesus Christ and the 12 original apostles—and especially the apostle Paul—taught that Christians are no longer required to observe the Fourth Commandment, to keep the seventh-day Sabbath holy. It is alleged that commandment-keeping, and particularly the Sabbath commandment, was “nailed to the cross.” It is further claimed that Sunday is now the Christian “Day of Worship.”

Is this claim true? Can such a teaching be proved from the inspired Word of God, the Holy Scriptures? The answer to these questions is, *no*. The truth is, these assumptions cannot be supported nor proved by the Scriptures! Are you willing to believe the Word of God, or accept the teachings of men as more important than the biblical teachings of God?

If you believe that Sunday worship is Christian, and that God’s inspired Word teaches Sunday-keeping, then search the Scriptures. You will find that there is *not*...

1. One text that says that the Sabbath was ever changed from the seventh to the first day of the week.
2. One text where the first day of the week is ever called a holy day.
3. One text where we are told to keep the first day of the week.
4. One text that says that Jesus ever kept the first day.
5. One text where the first day is ever given a sacred title.
6. One text that tells us to keep the first day in honor of the resurrection of Jesus Christ.
7. One text that affirms that any of the apostles ever kept the first day as the Sabbath.
8. One text from any apostolic writings that authorizes Sunday observance as the Sabbath of God.
9. One text where it says it was customary for the Church to observe, or meet on, the first day of the week.
10. One text where we are told not to work on the first day of the week.
11. One text where any blessings are promised for observing Sunday.
12. One text where any punishment is threatened for working on Sunday.
13. One text that says the seventh day is not now God’s Sabbath day.
14. One text where the apostles ever taught their converts to keep the first day of the week as a Sabbath.
15. One text that says the seventh day Sabbath is abolished.
16. One text where the first day is ever called the Lord’s Day.
17. One text where the first day was ever appointed to be kept as the Lord’s Day.
18. One text that says that the Father or the Son ever rested on the first day of the week.
19. One text that says that the first day of the week was ever sanctified and hallowed as a day of rest.
20. One text that says that Jesus, Paul or any of the apostles taught anyone to observe the first day of the week as the Sabbath.
21. One text that calls the seventh day the “Jewish Sabbath,” or one text that calls Sunday the “Christian Sabbath.”
22. One text authorizing anyone to abrogate, abolish or set aside God’s Holy Sabbath and observe any other day.

(Adapted from the Bible Sabbath Association, Fairview, Oklahoma)